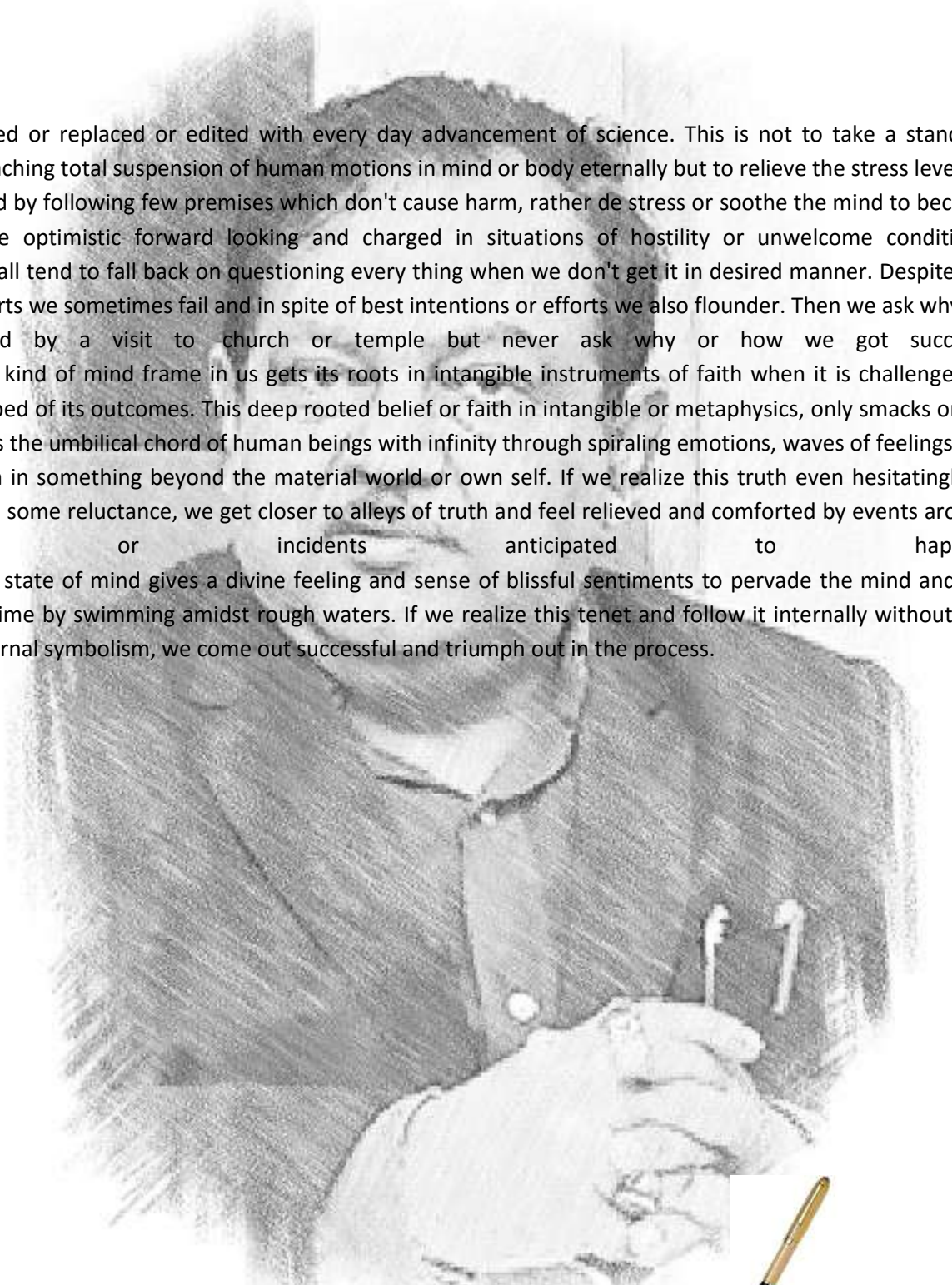


Human actions

I wonder if you face problems and handle them deftly and not succumb to them. This situation is often seen among unsuccessful students or broken partners or failed businessmen. Human beings are like a machine that runs not only on pistons or valves physically but also if lubrication is there. In humans, lubrication is done by the mind that consists of chemicals that release hormones through a process of vibrations, feelings, hopes, and confidence levels that prompt to go forward each time it stumbles. This is why people with BP are advised to remain free of stress or rather advised meditation which assumes unqualified surrender to a supra-being over us. Such feelings or hopes are triggered if we have faith in God who controls the system as an invisible hand. If you recall, Jagdish Bose proved that plants have life by giving two examples of plants nurtured by a gardener who prayed, attended, felt, and cared more for one plant in all possible manner than the other one. The plant that responded to these grew better and turned luscious than the other one. In our Vedas, which are both written and unwritten and in form of sayings, practices, and preaching since ages, there is mention of supreme soul, stress on adherence to duties, and also a strict reliance on faith and prayers to pull you out of the difficulties and prepare you for the emerging situations. When we talk of Big Bang theory, we believe that the entire cosmos was all one till it got dismembered by a destructive process, but the influence of various planets on human beings on Earth still persists through waves and vibrations that are reachable if composed into Mantras and Yantras and wearing of appropriate stones to attract the blessings or spirit of those planets that may have influence on us and are still distant from us. The science of Astrology is a pointer to this point. The science of telepathy, occult powers, or Reiki or Vastu science have all branched out in the process and trying to reach the truth in this premise. In some cases, it has seen to be delivering results, while in few cases, it has not. That has not made the premise unscientific but predicated the success on the intensity of belief and spirit of faith have controlled the success. When we see a TV show, we see characters being made live from the empty space through transponders that catch the waves and relay it. In a similar manner, we have vibrations that float around us without us knowing, and faith is a connector, and prayers accelerate the process to produce positive waves in the body or mind and around us to redeem the results or control the degree of sufferings. Like in a rainy season, we get no doubt wet, but an umbrella protects us from being fully wet. Similarly, these articles of faith in God as dispenser, planets, positive energy stored in corners or objects in the houses inspire the minds to face all situations with a sense of quietness and confidence level to tide it off. Therefore, instead of asking questions on the relevance or truth of these elements, the right strategy is to follow few articles of beliefs which we may call as superstitious but having a modicum of science which we are not able to demonstrate universally like Galileo or Newton. Even their laws are being





added or replaced or edited with every day advancement of science. This is not to take a stand on preaching total suspension of human motions in mind or body eternally but to relieve the stress levels of mind by following few premises which don't cause harm, rather de stress or soothe the mind to become more optimistic forward looking and charged in situations of hostility or unwelcome conditions. We all tend to fall back on questioning every thing when we don't get it in desired manner. Despite our efforts we sometimes fail and in spite of best intentions or efforts we also flounder. Then we ask why we failed by a visit to church or temple but never ask why or how we got success? This kind of mind frame in us gets its roots in intangible instruments of faith when it is challenged or robbed of its outcomes. This deep rooted belief or faith in intangible or metaphysics, only smacks or tell tales the umbilical chord of human beings with infinity through spiraling emotions, waves of feelings and faith in something beyond the material world or own self. If we realize this truth even hesitatingly or with some reluctance, we get closer to alleys of truth and feel relieved and comforted by events around us or incidents anticipated to happen. This state of mind gives a divine feeling and sense of blissful sentiments to pervade the mind and get sublime by swimming amidst rough waters. If we realize this tenet and follow it internally without any external symbolism, we come out successful and triumph out in the process.



- SK Manda
